

LIMERICK EDUCATION CENTRE
SUMMER COURSE, CASTLEOAKS HOTEL, CASTLE CONNELL

The Breath and the Word

Inspiration in the Learning of Language

An integrated approach to working creatively with language in pre-literacy and literacy based on an understanding of our natural breath. - led by Nell Smyth

This course facilitates:

- *a dynamic introduction to how the natural breath rhythm supports physical development, well being, and a receptivity to learning*
- *understanding how language, rooted in movement and the breath, can strengthen cognitive abilities and creative expression*
- *strengthening receptivity to language learning through playful activities and movement*
- *enjoyment in the building of competency and confidence in the power of speech and expression through poetry, drama, and the written word*
- *exploring a wide range of creative material to enhance vivid and varied kinds of language usage*
- *how to work with individual needs in the context of a group*

July 1st-5th 9.30-2.00 Cost €50 Course SU-08-10
to enroll contact info@lec.ie or 061 312360

*Nell Smyth is a Steiner teacher and leading international specialist in working with children and breathing. She has worked in both America and Ireland in community and state education and with all ages from toddlers to tertiary level education. She has worked with the County Childcare committees, the Limerick Education Centre and Mary Immaculate College, and Steiner education teacher training. She is the author of *The Breathing Circle* and many plays for children, and is currently writing a book about drama as part of a primary years integrated curriculum. More info available at breathspan.com.*